

# YogaWell

WELL BODY, WELL MIND

## After School Yoga Club Sebert Wood School

*Wednesdays*  
*3.30-4.30pm*

*Drama Studio*  
*£35 for 7 sessions*



**BOOK ONLINE @ [Yogawellsuffolk.co.uk](http://Yogawellsuffolk.co.uk)**