



### HOT MARKET SANDWICH

#### MONDAY

#### TUESDAY

#### WEDNESDAY

#### THURSDAY

#### FRIDAY

### MAIN MEAL

Pork Sausage in a Roll served with Jacket Wedges, Crispy Salad Sticks & a Selection of Sauces

BBQ Chicken Wrap served with Fluffy Rice & Vegetables

Beef Bolognaise with Pasta and Garlic Bread

Roast Chicken served with Potatoes, Yorkshire Pudding, Carrots, Cauliflower and Gravy

Fish Fingers or Salmon Fish Fingers served with Chips, Garden Peas or Baked Beans & Ketchup

### MEAT FREE

Cheese & Tomato Swirl served with Savoury Vegetable Rice

BBQ Vegetable Wrap served with Fluffy Rice & Vegetables

Vegetable Bolognaise with Pasta and Garlic Bread

Cheese & Potato Pie served with Yorkshire Pudding, Carrots, Cauliflower and Gravy

Vegetable Nuggets served with Chips, Garden Peas or Baked Beans & Ketchup

### PASTA & JACKETS

Jacket Potato with Choice of Toppings served with Fresh Salad

Pasta Twists with Homemade Tomato and Vegetable Sauce served with Fresh Salad and Chunky Bread

Jacket Potato with Choice of Toppings served with Fresh Salad

Pasta Twists with Cheddar Cheese Sauce with Fresh Salad and Chunky Bread

Jacket Potato with Choice of Toppings served with Fresh Salad

### DESSERTS

Choose One of Our Fabulous Desserts  
Apple & Winter Berry Crumble  
Fruity Jelly  
Fresh Fruit Pot

Choose One of Our Fabulous Desserts  
Jam & Coconut Sponge  
Fruit Yoghurt & Coulis  
Fresh Fruit Pot

Choose One of Our Fabulous Desserts  
Oat & Raisin Cookie  
Fruity Jelly  
Fresh Fruit Pot

Choose One of Our Fabulous Desserts  
Caramel Mousse with Bananas  
Fruit Yoghurt & Coulis  
Fresh Fruit Pot

Choose One of Our Fabulous Desserts  
Vanilla Ice-cream & Fruit Sauce  
Fruity Jelly  
Fresh Fruit Pot

Making lunchtime the **highlight** of your day



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### MAIN MEAL

Chicken & Vegetable Pie  
served with  
Baked Wedges,  
Peas & Sweetcorn

Meat Wholemeal  
Pizza served with  
Baked Baby Potatoes,  
Peas & Sweetcorn

Baked Sausage Roll  
served with  
Cubed Potatoes &  
Spaghetti Hoops

Roast Chicken  
served with Roast  
Potatoes, Carrots,  
Broccoli, Yorkshire  
Pudding and Gravy

Breaded Fish Fingers  
served with Chips,  
Garden Peas or  
Baked Beans  
& Ketchup

### MEAT FREE

Vegetable Pie served  
with  
Baked Wedges,  
Peas & Sweetcorn

Margherita  
Wholemeal Pizza  
served with  
Baked Baby Potatoes,  
Peas & Sweetcorn

Baked Vegan Roll  
served with  
Cubed Potatoes &  
Spaghetti Hoops

Baked Lentil Roast  
served with Roast  
Potatoes, Carrots,  
Broccoli, Yorkshire  
Pudding  
and Gravy

Fishless Fish Fingers  
served with Chips,  
Garden Peas or  
Baked Beans  
& Ketchup

### PASTA & JACKETS

Jacket Potato with  
Choice of Toppings  
served with  
Fresh Salad

Pasta Twists with  
Homemade Tomato and  
Vegetable Sauce served  
with Fresh Salad and  
Chunky Bread

Jacket Potato with  
Choice of Toppings  
served with  
Fresh Salad

Pasta Twists with  
Cheddar Cheese Sauce  
with Fresh Salad and  
Chunky Bread

Jacket Potato with  
Choice of Toppings  
served with  
Fresh Salad

### DESSERTS

Choose One of Our  
Fabulous Desserts  
Strawberry Mousse with  
Mixed Berry Compote  
Fruity Jelly  
Fresh Fruit Pot

Choose One of Our  
Fabulous Desserts  
Jam Roly Poly  
Fruit Yoghurt & Coulis  
Fresh Fruit Pot

Choose One of Our  
Fabulous Desserts  
Sticky Pineapple Cake  
Fruity Jelly  
Fresh Fruit Pot

Choose One of Our  
Fabulous Desserts  
Lemon Tart  
Fruit Yoghurt & Coulis  
Fresh Fruit Pot

Choose One of Our  
Fabulous Desserts  
Chocolate Brownie  
Fruity Jelly  
Fresh Fruit Pot

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### MAIN MEAL

Meat Wholemeal  
Pizza served with  
Baked Baby Potatoes,  
Peas & Sweetcorn

Warm Chicken Panini  
served with  
Selection of Sauces  
Potatoes Wedges &  
Crunchy Veg Sticks

Beef Lasagne  
With Wholemeal Garlic  
& Herb bread, Seasonal  
Vegetables

Sausage Roast  
served with  
Potatoes, Carrots,  
Cabbage, Yorkshire  
Pudding and Gravy

Breaded Fish Fillet  
served with Chips,  
Garden Peas or  
Baked Beans  
& Ketchup

### MEAT FREE

Margherita  
Wholemeal Pizza  
served with  
Baked Baby Potatoes,  
Peas & Sweetcorn

Crispy Vegetable  
Bite Panini  
served with  
Selection of Sauces  
Potatoes Wedges &  
Crunchy Veg Sticks

Plant Based Lasagne  
served with Wholemeal  
Garlic & Herb bread,  
Seasonal Vegetables

Quorn Sausage  
Roast served with  
Potatoes, Carrots,  
Cabbage, Yorkshire  
Pudding and  
Gravy

Cheese, Onion &  
Mixed Pepper Roll  
served with Chips,  
Garden Peas or  
Baked Beans & Ketchup

### PASTA & JACKETS

Jacket Potato with  
Choice of Toppings  
served with  
Fresh Salad

Pasta Twists with  
Homemade Tomato and  
Vegetable Sauce served  
with Fresh Salad and  
Chunky Bread

Jacket Potato with  
Choice of Toppings  
served with  
Fresh Salad

Pasta Twists with  
Cheddar Cheese Sauce  
with Fresh Salad and  
Chunky Bread

Jacket Potato with  
Choice of Toppings  
served with  
Fresh Salad

### DESSERTS

Choose One of Our  
Fabulous Desserts  
Sprinkle Cookie  
Fruity Jelly  
Fresh Fruit Pot

Choose One of Our  
Fabulous Desserts  
Syrup Sponge  
Fruit Yoghurt & Coulis  
Fresh Fruit Pot

Choose One of Our  
Fabulous Desserts  
Chocolate Mousse with  
Orange Wedge  
Fruity Jelly  
Fresh Fruit Pot

Choose One of Our  
Fabulous Desserts  
Carrot Cake  
Fruit Yoghurt & Coulis  
Fresh Fruit Pot

Choose One of Our  
Fabulous Desserts  
Vanilla Ice-cream  
Fruity Jelly  
Fresh Fruit Pot

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