

After the half-term break we were engaged in several sporting events, one or two of which were different...

### Swimming Gala



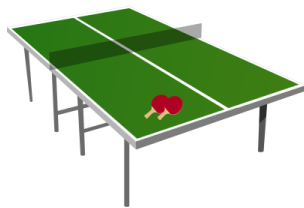
On Thursday 7<sup>th</sup> March, eight children from Year 5 and 6 represented the school in a Schools Games U11 Swimming Gala at the leisure centre. It was a very exciting event, with some strong individual and team swims from the squad. Sebert Wood finished second overall and all swimmers gave their best performances. A very big well done to all involved!



### Table Tennis Taster



Mr Noe supervised a dozen year 3 and 4 pupils at a session at King Edward VI School in March, where they were able to have a go at this sport. It was a fun opportunity to 'have a go', and the children enjoyed their efforts. We are grateful to the KES Sports leaders who looked after the children and shared their knowledge of the sport.



### Keysteps Gymnastics Year 5 & 6

On March 18<sup>th</sup>, we entered a Year 5/6 team into the competition at Spectrum Gym. After lots of practice, the children performed body



management, vaults and a floor dance routine to 'All that Jazz' music. It was brilliant! After competing against six other schools, Sebert Wood were announced as Silver Medallists and therefore County Finalists. The team were so excited and they deserved that recognition.

## Red Nose Day

This was on Friday 15<sup>th</sup> March and we had a Fit Friday to involve the children in a series of activities across the school. King Edward VI School provided Sports Leaders who very ably led the children in different events including Tennis, Kurling, Basketball and Speedminton. We were very impressed with



the skills of the leaders and much fun was had by all. KS1 took part in different circuit style stations led by Mr Proctor and Mr Noe, whilst Mrs Harvey started the whole day off with an energetic 'Huff and Puff'. Thank you to who all took part!



## Ipswich Town Football

It was a fun day at Portman Road on Saturday 16<sup>th</sup> March when over 100 children and adults represented Sebert Wood as 'School of the Day'. For



many children it was their first live professional football match, so an extra big special occasion. Our thanks to Mrs Noe for organising the event.

Looking at the photo it appears that a lot of excitement was generated by the day!





## Cycle Sculpture Unveiling

We were very privileged to be invited to the unveiling of the new Cycle Sculpture on the Mount Road roundabout on the 20<sup>th</sup> March. Eighteen Year 6 children and two members of staff cycled there, and joined in cycling around it with West Suffolk Wheelers, Bikewise and a couple of Penny Farthings! You may



have caught sight of some of us on Anglia TV as we carefully cycled around the amazing structure. It is nicely complimented by planting too and we enjoyed the crowds of spectators as they cheered the cyclists on their way. Look out for it next time you are in the area.



## Quicksticks Hockey



We had a couple of fixtures for this in March with Year 3 & 4 to start with. They were an enthusiastic team despite having had little time to practice. Some good game play and team work saw them finish a credible 4<sup>th</sup> and they enjoyed their time on the pitch.

Year 5 & 6 played the very next day against some tough opposition who were well drilled, and despite this managed to put in some good game play together. They finished in 5<sup>th</sup> place and went away with some ideas on how to improve their game. Well played all!



### Cross Country

We were invited to the inaugural Cross Country event at Sybil Andrews Academy in March, and entered 30 children across the Year 3 - 6 year groups. It was a very well organised race, and the children were excited to be given numbers to wear on their shirts. A mixed bag of results, the notable one being Finley who finished first in his race. Great run Finley!



### Tag Rugby



The U11 Tournament was held at the Haberdern Rugby Club where we entered one mixed team from Year 5 and 6. The standard was very high and Mr Proctor was extremely impressed with the skill and team work that the children were able to produce. The nature of the tournament was one that did not produce any overall winners, but our team were winners in both their play and excellent spirit and behaviour. Fantastic!



### Dodgeball

This fast and furious sport is always a popular choice with the children in all its forms, but add a chance to play against other teams it reaches new heights! Again, not an event which attached winners this time, but the skill shown reflects the level the children have learned from the club in previous terms.



Well done everyone!



### Badminton



A sport that we have touched, but not one we can regularly say we spend time with. Nevertheless we were able to enter teams into the U12 West Suffolk Schools Badminton Tournaments recently. The boys competition was in March and Mr Noe went along with them. It proved to be quite hard as the majority of the competitors were in Year 7, but the boys did their best and enjoyed the challenge. Likewise the girls went two weeks later, but



due to various reasons only had two players instead of four which meant lots of action in a short space of time. They thoroughly enjoyed the experience and by the end were beginning to acquit themselves really well, again competing against two year groups ahead. If the efforts are anything to go by, when the teams are older, they will be really accomplished players!



### Keysteps Gymnastics Year 1 & 2

Watching the younger members apply their gymnastics in April was a true delight as they were so excited! They were so well prepared by Hannah Palframan and it showed. You can imagine the looks on their faces when they were announced as Gold Medallists! This means a County Final place later in the year so a very big well done! Here they are on the podium and before they started.



## Keysteps Gymnastics Year 3 & 4

Hot on the trails of their younger friends, Year 3 and 4 competed later the same day and we had two teams this time. Always a harder aspect with more experience evident, but again the preparation levels were high. The pride in the



performances were obvious with lots of smiles. One team finished in 5<sup>th</sup> place, and the second team gained the Silver Medal. Special mention to Kimberley who gained the individual bronze medal for her performance.

Another amazing result and we are so proud of each and every gymnast!



## Archery club

We have enjoyed another Archery session which came to an end this week, and 12 children were honing their skills on the range. Arrows were flying and winging their way to the targets as well as playing games and aiming to pop balloons! All in all a good time was had by all. Our thanks to Abbeycroft Leisure for enabling

this  
activity.



And finally....

Our thanks, as usual, go to Sports Leaders, Sports Mentors and Sebert Wood Staff. We would also like to thank parents for their dedicated support in transporting the children to events and encouraging them from the sidelines.