Although it has been a short half term we have managed to pack in a number of competitions as well as an exciting and colourful Fit Friday.

<u>Events</u>

In our first full week back we took a large squad of Year 5 & 6's to the School Games Sportshall Athletics competition held at the Victory Ground. We were competing



against two experienced teams from Westley Middle School as well as a Year 6 squad from Hardwick Primary. We had deliberately picked a mixed squad of beginners and more seasoned competitors to give a number of children exposure to competition, ahead of their transition to High school and we were anticipating some tough challenges. The children's attitude and teamwork over a lengthy and difficult set of

events was commendable, and whilst we narrowly missed third place, just beaten by a hard working Hardwick squad, we all learnt a lot from the experience. Well done to all the children who competed and the parents who supported us vocally from the gallery!

We followed this with the Bury Schools Partnership Yr 3 & 4 Basketball Tournament

and took a mixed squad to Howard Primary School. There were six teams in two leagues of three and our first game was a tight affair with both teams coming close to scoring baskets, but it finished as a 0 - 0 draw. The second game saw the team get into their stride with some exceptional defending by Lewis Jones and good passing throughout the team. We won that game 4 - 0 after a basket each by Rhys and Albie.



That meant we won our group and went through to the 'top competition' to play for the trophy. Our first game again saw some solid teamwork, with lots of passing and dribbling. The girls were a good back up in defence whilst the boys attacked in force with Logan shooting well. We took the lead with a fabulous long shot from Albie who swished the net and sent the spectators into applause! That was followed by another 2 points to lead 4 - 0. Howard were not to be outdone though, careful play building meant they pulled 2 points back towards the end of the game and indeed stunned us by a last second equaliser!

Unperturbed, Sebert Wood went into their final match with Abbots Green and played their best, with skills confidently applied against some exceptional players. The winning basket was scored by Rhys and the squad held firm to the final whistle to take the trophy!!

A brilliant performance by the whole team and a delight to watch the enthusiasm and skill applied throughout. Well done everyone!

We took a mixed squad of ten players to the Rugby Club in Bury St Edmunds to take part in the **Tag Rugby Competition** on the Astro Turf. We didn't really have much experience as a team, but the existing skills of some of the boys who play rugby were instrumental. This allowed the players to gel and move through the pitch scoring many a



try, dodging the attackers swiftly and decisively. We played six games, winning three, drawing one and losing two - one by just a single point. A special mention to Harry Barnes who was a real handful for the opposition, with Logan Baillie and Noah Proctor adding strong support. James Morris, Tommy Young and Robin Mower provided keen encouragement whilst the four girls contended enthusiastically despite the cold wet weather. Well

done to Scarlett Phillips, Grace Beasley, Isobel Ridgeon and Anna Adamcova. There are many skills we can build on in the future. Thank you also to the brave parents who stayed to spectate and support so well.

We did not win the tournament, coming in a joint fourth, but we did win the 'Most Passes' competition. We will be receiving a signed rugby ball to commemorate that in the near future. Well done!

Spotlight on clubs



The new <u>Archery</u> Club is set to start after Half Term with 48 children signed up for a six week course provided by Abbeycroft - there is much excitement that we have been able to arrange this experience.

<u>Sebert Swifts</u> will also return in the new term and are planning Netball matches against a number of local rivals as well as taking on a Sebert Staff



team!

<u>Running & Fitness</u> Club will also begin again after Half term and we are grateful for the continued provision of this from Brew.

Mrs Steven is also running a <u>Hockey</u> club for older children in preparation for an upcoming tournament.



We also have <u>Tiki-Taka Football</u> Coaching, Culford <u>Tennis</u> sessions, <u>Dancing</u> Stars and <u>Rugby</u> Tots as well as Sports Mentors in Year 6 who will be running lunchtime <u>Dance</u>, <u>Basketball</u> and <u>Football</u> clubs for younger children over the next few weeks. Keep up the good work!

Fit Friday

An amazing day of spectacular colour and fun came about as the Fit Friday team joined



forces with the Junior Road Safety Officers (JRSOs) to create a sporty and safety- orientated day of exercise. Each class joined in activities led by Mrs Steven and our

Sports Leaders, which involved a number of challenges relating to road safety and awareness

and with the theme of 'Be Bright, Be Seen. The most popular activity seemed to be the road obstacle course which involved one team throwing soft balls at another team



as they tried to safely cross a 'busy road'. Our thanks go to the adults who helped manage and organise the event, including Miss Woods, Mrs Rutter and Mrs Steven, The JRSOs and of course all the sports leaders who helped run the day.

And Finally.....

Our thanks, as usual, go to Sports Leaders, Sports Mentors and Sebert Wood staff (particularly Mrs Gaston in the Office and Mrs Steven our PE Administrator for events and clubs). We would also like to thank parents for their dedicated support in transporting children to events and encouraging them from the sidelines.